

Winchester Parks & Recreation Department

ACTIVITIES

Guide for Fun, Leisure, Recreation & Fitness



Fall/Winter:
September 2006-
March 2007

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Check out the latest information
on programs and special events
at our website

www.winchesterva.gov/parks

or call

(540) 662-4946

or visit

1001 East Cork Street
Winchester, VA 22601

NEW
Parks & Recreation
WEBSITE

www.winchesterva.gov/parks



PROGRAM CONTACTS

ADULT & YOUTH ATHLETIC ACTIVITIES

Ben Stine or Amy Spatzer
(540) 662-8239

AFTER SCHOOL PROGRAM

Embrace the Children (ETC)
Elizabeth Swartz (540) 542-0153

BASEBALL

Winchester Baseball
Tammy Mills (540) 723-4252

Winchester Baseball Cancellation Hotline (540) 665-8RUN

Fall Ball
Paul Mann (540) 868-7940

FOOTBALL

Winc./Fred. Co. Youth Football
Clayton Hartman (540) 667-6214

OTHER SPORTS

Winchester Horseshoe Pitchers Assoc.
Bill Melton (540) 877-3559

Winchester Wheelmen
Robert Golightly (540) 723-6485

Skatepark
Brian Patrick (540) 542-0069

Winchester BMX Association
Paul Hoffman (540) 868-0478

Winchester Swim Team
Laurie Carver (540) 662-1939

R/C RACE CLUB

Shenandoah Valley Powersliders
R/C Race Club
Chad Greathouse (540) 635-1306

SOCCER

Blue Ridge Youth Soccer Hotline
(540) 662-6380

Cancellation Hotline

(All scheduled programs & events)
662-4946 EXT. 33

Please contact the Winchester Parks & Recreation Department at 662-4946 for more information or to be added to the Activities Guide mailing list.
An Activities Guide is printed two times a year (August and March).



Winchester Parks & Recreation
1001 East Cork Street
Winchester, VA 22601
(540) 662-4946
wincparks@ci.winchester.va.us

www.winchesterva.gov/parks

Administrative Office Hours:
Monday-Friday, 8 a.m. - 5 p.m.

PARK ADVISORY BOARD MEMBERS

The Board typically meets the 4th
Monday of every month at 7:00pm at the
War Memorial Building.

Jack MacDonald 667-4138
jmacdonald@ntelos.net (W) 662-3655

Debbie Lewis 667-3738
deblew52@adelphia.net

Tim Grove 667-1137
tegrove@verizon.net

Dr. John Crandell 667-8665
crandell@adelphia.net (W) 722-0750

Debbie Smith 662-4770

Tim Painter 667-3339
tgpainter@painterlewis.com
(W) 662-5792

Darlene Duncan 723-6351
stevedar@adelphia.net (W) 545-2475

Shelly Lee 667-3600

Terry Walker 678-3548
supa_smove@yahoo.com

STAFF CONTACTS

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Administration Director
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lhamaker@ci.winchester.va.us

Brandon Ware
Aquatic Programs Specialist
(540) 542-0157
bware@ci.winchester.va.us

Larry Elliott
Parks Maintenance Director
(540) 667-7351

Elizabeth Swartz
Special Populations Director
(540) 542-0153
eswartz@ci.winchester.va.us

Leslie Bowery
**Youth Development & Creative
Arts Coordinator**
(540) 542-0153
lbowery@ci.winchester.va.us

Ben Stine
Athletic Programs Specialist II
(540) 662-8239
bstine@ci.winchester.va.us

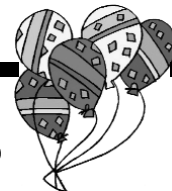
Amy Spatzer
Athletic Programs Specialist I
(540) 662-8239
aspatzer@ci.winchester.va.us

ATTENTION INSTRUCTORS!

Come share your talent or skill
with us and the community. If you
have an interest or skill in any
subject that is recreational or
educational, please call Susie
Martin at 662-4946. Paid and
volunteer instructors are welcome!

Call to register.
(540) 662-4946

Special Events



SENIOR'S

FALL PROM

- Dancing, twist contest, & couples dance contest
- Refreshments & door prizes
- Prize for best dressed

Friday, September 29

1:00-4:00 p.m.

FREE

**Seniors 55 & up
War Memorial Building**

October



CHILDREN'S HALLOWEEN PARTY

- Costume contest
- Games and trick-or-treating
- Light refreshments

Date: Saturday, October 21

Location: War Memorial Building

Time: 2:00-3:00 p.m.

Fee: FREE

Ages: 3-6 years

Register by: Friday, October 13

HALLOWEEN HAUNTED HOUSE

Enter our haunted house if you dare.
For young and old, it will be a real scare.

Date: Friday, October 27

Saturday, October 28

Location: War Memorial Building

Time: 7:00-10:00 p.m.

Fee: \$4.00 per person

(6 years & up)

5 years & under Free

Halloween Scavenger Hunt



Help Mr. Bones
find his treasures

Lots of prizes
and fun

Refreshments

Saturday, October 21

11 a.m.-12:30 p.m.

\$2.00 per person

7-12 years

Jim Barnett

Park at the

Kiwanis I

Shelter

Register by: Friday, Oct. 13



December



CHILDREN'S HOLIDAY PARTY

- Theme: "Twelve Days of Christmas"
- Light refreshments

Date: Thursday, December 14

Location: War Memorial Building

Time: 6:00-7:00 p.m.

Fee: FREE

Ages: 3-6 years

Register by: Friday, December 8

SENIOR'S HOLIDAY CELEBRATION

- Visit from Santa
- Refreshments
- Door prizes

Date: Friday, December 15

Location: War Memorial Building

Time: 1:00-4:00 p.m.

Fee: FREE

Ages: 55 years & up

April



SENIOR CITIZEN'S DAY

- Games
- Entertainment
- Door prizes

Date: Thursday, April 5

Location: War Memorial Building

Time: 10:30 a.m.-4:00 p.m.

Fee: FREE

Ages: 55 years & up

EASTER EGG HUNT

- Two age groups: 2-5 and 6-8 years
- Bring an empty Easter basket
- Find the "special" eggs

Date: Saturday, April 7

Location: Jim Barnett Park

Time: 10:00 a.m.

Fee: FREE

Ages: 2-8 years

SPRING SPRUCE UP IN THE PARK

- Help "spruce" up Jim Barnett Park and our neighborhood parks
- A light lunch will be available
- Meet at the War Memorial Building for assignment at 8:00 a.m.

Date: Saturday, April 12

Location: Jim Barnett Park

Time: 8:00 a.m.-Noon

Fee: FREE

EARTH DAY CELEBRATION

- Informational displays and presenters

Date: Saturday, April 21

Location: War Memorial Building

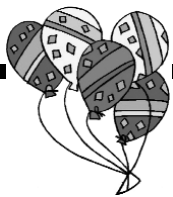
Time: 10:00 a.m.-2:00 p.m.

Fee: FREE

Activities Guide

Printed in March &
August

Call to be added to
our mailing list.




Special Events

Call to register.
(540) 542-0153, ext. 16



School's Cool Night
Friday, September 15
6:30 - 7:30 PM
Fifth grade and under
Timbrook Park
FREE

Come dressed in your "coolest and funkiest" attire as we celebrate the start of school with fun activities and stories! Register by September 11.



Not So Scary SPOOKTACULAR
Timbrook Park

Friday, October 13
6:30 - 7:30 PM
FREE

No need to worry about ghosties and ghoulies at this fun spooktacular! Enjoy stories, activities, cider, and cookies under the stars at the Timbrook Park gazebo. Children and parents are encouraged to come in their favorite Halloween attire. *Register by Tuesday, October 10.*

EGG-CESSIBLE
FREE Easter Egg Hunt for
Children with Special Needs



Tuesday, April 3, 2007

Rain Date: Thursday, April 5

10:00 a.m. - Noon

Ages 2-12

At Children's Dream
Accessible Playground
(Christianson Familyland)

Register by Tuesday, March 27.

Attention All Kids!
Santa's on his way to our community carol sing
and he wants to pick up your letters and take
them back to the North Pole.



Come and join in some carols and refreshments but don't forget your letters! You may get a letter back from Santa but only if you remember to include your address. Come join us on one of the following nights to bring your letters for Santa.

FREE

<u>Location</u>	<u>Date</u>	<u>Time</u>
Douglas Park	December 4	6 pm
Whittier Park	December 6	6 pm
Wilkins Lake	December 8	6 pm

(in Jim Barnett Park)

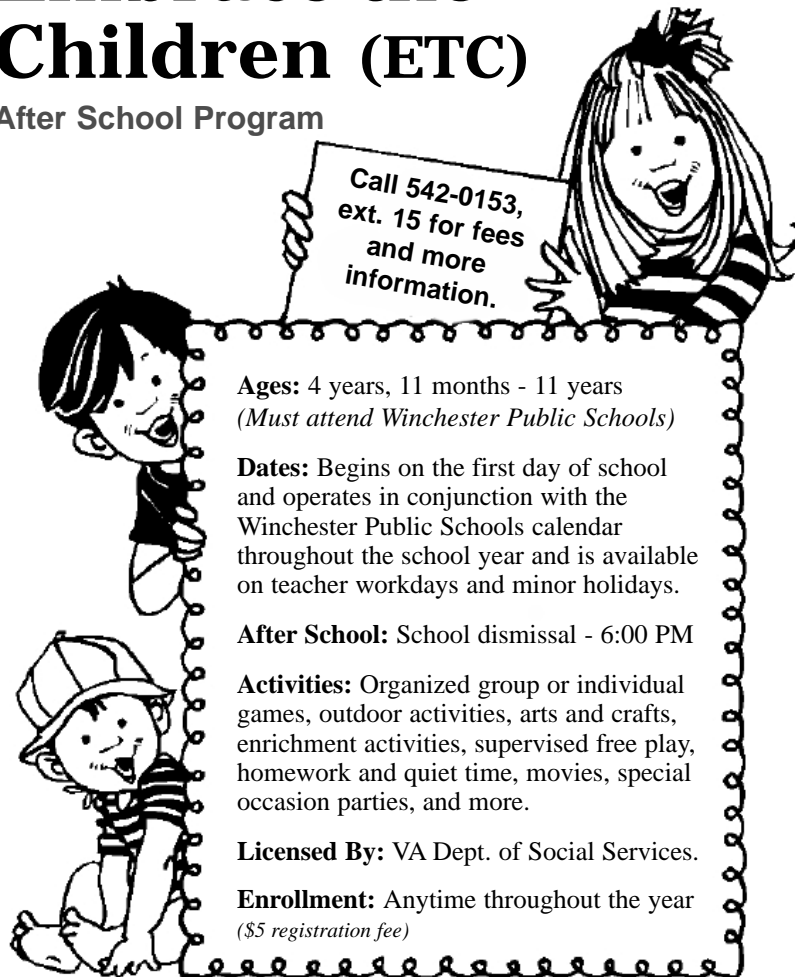
No registration required.



YOUTH PROGRAMS

Embrace the Children (ETC)

After School Program



Ages: 4 years, 11 months - 11 years
(Must attend Winchester Public Schools)

Dates: Begins on the first day of school and operates in conjunction with the Winchester Public Schools calendar throughout the school year and is available on teacher workdays and minor holidays.

After School: School dismissal - 6:00 PM

Activities: Organized group or individual games, outdoor activities, arts and crafts, enrichment activities, supervised free play, homework and quiet time, movies, special occasion parties, and more.

Licensed By: VA Dept. of Social Services.

Enrollment: Anytime throughout the year
(\$5 registration fee)

BEGINNING VIOLIN

(Suzuki Method)

Learn the basics on the violin for a firm foundation in music. Students learn by singing, listening to a recording, and violin instruction. Parents must accompany child and participate in class and home study during the week.

Location: War Memorial Building

Instructor: Steve Arnold

Day: Thursdays

Fee (6wks): **R** \$57 **N** \$60

A \$16.50 material fee will be collected the first day of class.

Session Begins

September 14
November 2
January 11
March 1
April 19

Time (Ages 3-6)

9:30-10:15 am
9:30-10:15 am
9:30-10:15 am
9:30-10:15 am
9:30-10:15 am

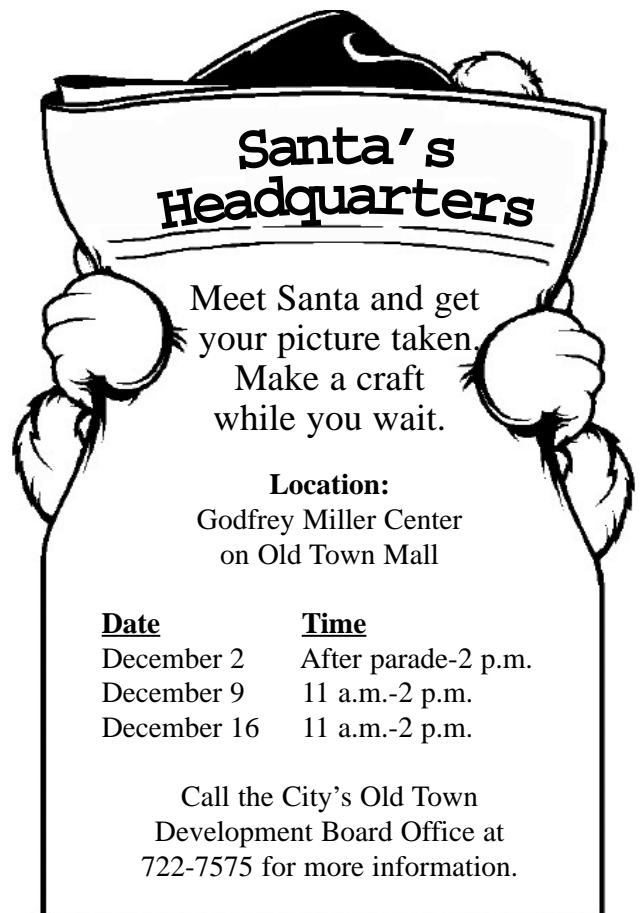
Time (Ages 7-8)

10:30-11:15 am
10:30-11:15 am
10:30-11:15 am
10:30-11:15 am
10:30-11:15 am

Register: Call (540) 662-4946.

SUMMER FUN Day Camp

Look for more information in the
2007 Spring/Summer Activities Guide!



Santa's Headquarters

Meet Santa and get
your picture taken.
Make a craft
while you wait.

Location:

Godfrey Miller Center
on Old Town Mall

Date

December 2 After parade-2 p.m.
December 9 11 a.m.-2 p.m.
December 16 11 a.m.-2 p.m.

Time

Call the City's Old Town
Development Board Office at
722-7575 for more information.

PRE-BALLET CLASS

This class is an introduction to Ballet and Creative Movement dancing. Dance costume and shoes (optional).

Location: War Memorial Building

Ages: 3-6 years

Instructor: Julie Foster

Fee (6 wks): **R** \$50 **N** \$53

Day

W September 20
W January 17

Session Begins

Time

1-1:30 p
1-1:30 p

Register: Call (540) 662-4946.



RENTALS, TRIPS & TRIBUTES

(540)662-4946



FACILITY RENTALS

The park is a beautiful, convenient place to gather your friends, family or colleagues. Rent the indoor or outdoor pool, a War Memorial Building room, ball field, National Guard Armory or park shelter for your next gathering.

War Memorial Building

George Washington Room

R \$130 per day or \$25 per hour

N \$150 per day or \$30 per hour

Lord Fairfax Room

R \$110 per day or \$20 per hour

N \$130 per day or \$25 per hour

Arts & Crafts Room

Joist Hite Room

R \$80 per day or \$18 per hour

N \$100 per day or \$23 per hour

Note: All groups will incur an \$8 per hour supervision fee.

Outdoor Park Shelters

(Available for rental Apr. 15-Oct. 15)

Small Shelters (Capacity 25):

Jaycee I, Key Club I & II, and Optimist

R \$25 per day **N** \$30 per day

Medium Shelters (Capacity 150-200):

Kiwanis I, Kiwanis II, Exchange, Antique Car Club, Lions, Firemans, POW-MIA Memorial and Shawnee Lions

R \$45 per day **N** \$50 per day

Large Shelter (Capacity 300):

Rotary

R \$55 per day **N** \$60 per day

Indoor Pool

Saturday Nights Only

7-9 p.m.

R \$180 **N** \$200



National Guard Armory

R \$30 per hour

N \$33 per hour

R \$300 per day

N \$330 per day



Ball Fields

Rental for Preston, Henkel Harris and Eagles Field only.

R \$35 per 2 hours

N \$38 per 2 hours

R \$75 per day

N \$78 per day

POTOMAC EAGLE TRAIN EXCURSION



Take a scenic ride on the Potomac Eagle train. Please bring a lunch.

Depart from: War Memorial Building

Fee: \$35 (adults and children 6 & over)

\$10 (children under 6)

Register by: Monday, October 2

Day Date Time

W October 11 9:30 am-4:30 pm

FRONTIER CULTURE MUSEUM HOLIDAY TOUR (Staunton)

Join us for a fun day visiting German, English, Irish, and American farm sites. Interpreters are available at all sites. We will stop for lunch (on your own) after the tour.

Depart from: War Memorial Building

Fee: \$25

Register by: Monday, November 27

Day Date Time

Tu December 12 8 am-3 pm

Wall of Honor

Commemorating those who served their country.

The Winchester Parks & Recreation Department has created a "Wall of Honor", located in the lobby of the War Memorial Building. On this wall, anyone that served their country during the fight against terrorism, a war or conflict can be honored.

A brass plate in honor or memory of a loved one will be displayed on the wall.



(A \$25 donation is requested to help produce the plates.)



(540)662-8239

ATHLETIC PROGRAMS (all ages)

ATTENTION! For Boy's and Girl's Jr. and Sr., Co-ed Instructional & Intermediate Basketball: Participants will be notified of team and practice times prior to first session.

Boy's Junior Basketball

Skills Assessment Night: November 1 at 6 p.m. at the National Guard Armory
Location: VA Avenue Charlotte DeHart Elementary School

Ages: 9-10 (must be 9 but not 11 by 11/1/06)

Fee: **R** \$30 **N** \$33

Register By: October 27

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
MWSa	Nov 8-Jan 22	TBD

Girl's Junior Basketball

Skills Assessment Night: November 2 at 6 p.m. at the National Guard Armory
Location: VA Avenue Charlotte DeHart Elementary School

Ages: 9-10 (must be 9 but not 11 by 11/1/06)

Fee: **R** \$30 **N** \$33

Register By: October 27

<u>Day</u>	<u>Session</u>	<u>Time</u>
TuThSa	Nov 9-Jan 22	TBD

Boy's Senior Basketball

Skills Assessment Night: November 1 at 7 p.m. at the National Guard Armory
Location: National Guard Armory and/or Daniel Morgan Middle School

Ages: 11-13 (must be 11 but not 14 by 11/1/06)

Fee: **R** \$30 **N** \$33

Register By: October 27

<u>Day</u>	<u>Session</u>	<u>Time</u>
MWSa	Nov 8-Jan 22	TBD

Girl's Senior Basketball

Skills Assessment Night: November 2 at 7 p.m. at the National Guard Armory
Location: National Guard Armory and/or Daniel Morgan Middle School

Ages: 11-13 (must be 11 but not 14 by 11/1/06)

Fee: **R** \$30 **N** \$33

Register By: October 27

<u>Day</u>	<u>Session</u>	<u>Time</u>
TuThSa	Nov 9-Jan 22	TBD

Co-ed Instructional Basketball

All-Star Weekend at end of the season.
Location: VA Avenue Charlotte DeHart Elementary School

Ages: 5-6 (must be 5 but not 7 by 2/1/07)

Fee: **R** \$25 **N** \$28

Register By: January 26

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Sa	February 4 (8 wks)	TBD

Co-ed Intermediate Basketball

All-Star Weekend at end of the season.
Location: National Guard Armory and Quarles Elementary School

Ages: 7-8 (must be 7 but not 9 by 2/1/07)

Fee: **R** \$25 **N** \$28

Register By: January 26

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Sa	February 4 (8 wks)	TBD

Co-ed Indoor Soccer Leagues

Practice and games are held two nights per week.

Location: National Guard Armory

Ages: 5-7 or 8-10 (age as of 1/1/07)

Fee: **R** \$35 **N** \$38

Register By: January 19 at the War Memorial Building

<u>Day</u>	<u>Session</u>	<u>Time</u>
M-Th	Jan. 29- March	TBD

Girl's Soccer Conditioning Clinic

Get a head start on the competition.

James Wood High School Girl's Soccer Coach, Mark Pennypacker and Handley High School Girl's Soccer Coach, Luke Mason will be leading the clinics.

Location: National Guard Armory

Ages: 13-18

Fee: **R** \$30 **N** \$33

<u>Day</u>	<u>Session</u>	<u>Time</u>
WSu	Jan 3-Feb 11	7-9 pm

Girl's Softball Clinic

Receive instruction in hitting and pitching skills from Handley's Head Softball Coach.

Location: National Guard Armory

Ages: 11-18 years

Fee: **R** \$30 **N** \$33

<u>Day</u>	<u>Session</u>	<u>Time</u>
Su	Jan 7-Feb 11	5-7 pm

Adult Dodgeball League

Teams should register in advance and send a representative to the 1st meeting. Teams are guaranteed seven regular season games and a post-season tournament. Shirts and trophies will be awarded to the top team.

Organizational Meeting: November 22 at 6 p.m. in the War Memorial Building

Location: National Guard Armory

Fee: \$150 per team

Register By: November 24

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
F	Dec. 1-Jan. 2	6:30-10:30 pm

Adult Co-ed Volleyball

Teams should register in advance and send a representative to attend the 1st meeting. T-shirts and trophies will be awarded to the top team.

Organizational Meeting: September 21 at 6 p.m. in the War Memorial Building.

Location: Quarles Elementary School

Fee: \$235 per team

Register By: September 21

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
MW	September 25	7-10 pm

45 & Over Basketball League

Participants are divided into teams prior to the first session date and will be notified of team name and practice times. Teams are guaranteed seven regular season games and a post-season tournament. Shirts and trophies will be awarded to the top team.

Location: Quarles Elementary School

Fee (per person): **R** \$55 **N** \$58

Register By: October 25

Draft: October 29

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Su	Nov. 5-January	9 am-Noon

Open Basketball League

Teams should register in advance and send a representative to attend the 1st meeting. Teams are guaranteed nine regular season games and a post-season tournament. Shirts and trophies will be awarded to the top team.

Organizational Meeting: February 8 at 6:00 p.m. in the War Memorial Building

Location: Shenandoah University

Fee: \$475 per team

Register By: February 16

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
MW	February 26-April	6 pm

Open Gym Basketball

Age: 35 and up

Location: National Guard Armory

Fee: \$3 per night

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
MW	Year-round	5-7 pm

Softball League

Teams should register in advance and send a representative to the 1st meeting.

Organizational Meeting: March 15 at 6:30 p.m. in the War Memorial Building

Location: Jim Barnett Park

Fee: \$425 per team

Register By: March 14

Games begin: May 8



ADULT ACTIVITIES

(540)662-4946

Note: All adult activities are held at the War Memorial Building unless stated otherwise.

BOOST YOUR MEMORY POWER

Interactive class that delves into the types of memory, stages of memory, memory techniques and ways of information presentation to maximize retention.

Instructor: Adele McGeachy

Fee (2 wks): **R** \$27 **N** \$30

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 18	7-9 pm
M	February 19	7-9 pm

COMPUTER BASICS

5-Essential Computer Basics: Explorer, Tools, E-Mail, Internet, & Word Basics. (Windows 98 / Office 97 / Word 8.0, or higher, 64 Meg Memory required.) No class January-March unless arranged by two or more students.

Instructor: Barbara Chaplin

Fee (3wks): **R** \$59 **N** \$62

Note: Additional \$125 material fee (handouts, self study CD, certificate) is payable to the instructor on the first day of class.

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Tu	September 19	10 am-12:30 pm
Tu	October 10	10 am-12:30 pm
Tu	October 31	10 am-12:30 pm
Tu	November 7	10 am-12:30 pm

ADVANCED COMPUTER

Excel; PowerPoint; Advanced Word; Access; Visio. No class January-March unless arranged by two or more students.

Instructor: Barbara Chaplin

Fee: **R** \$59 **N** \$62

Note: Additional \$85 material fee (handouts, self study CD, certificate) per class is payable to the instructor on the day of class.

<u>Day</u>	<u>One Day Class</u>	<u>Time</u>
Tu	As arranged	1-3 pm

DOG TRAINING CLASSES

For dogs 6 months & up. No dogs at the first class.

Location: War Memorial Bldg. (WMB)

Instructor: Susan Dodson

Fee (8 wks): **R** \$67 **N** \$70

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	September 13*	7 pm
Tu	April 3	7 pm

*First class held at WMB. Remaining sessions held on Sundays at 2 pm in the park.

BEGINNER DRAWING

Instructor: Robin Palmer

Fee (6 wks): **R** \$67 **N** \$70

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 11	7-9 pm
M	October 30	7-9 pm
M	January 8	7-9 pm
M	February 26	7-9 pm
M	April 16	7-9 pm

FENCING

Fencing offers a cardio workout, self-control, self-confidence, respect, discipline, coordination, honor and the thrill. Use of equipment is included in cost: Foil.

Instructor: David Copeland

Fee (8 wks): **R** \$102 **N** \$105

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Tu	September 12	6-9 pm
Tu	November 7	6-9 pm
Tu	January 9	6-9 pm
Tu	March 13	6-9 pm

POTTERY CLASSES

Learn the basics of hand-built pottery, and make some beautiful items to take home. Make a variety of clay pieces using coiling, pinching, and slabs; then glaze and fire the pieces. Each class will include a demonstration of techniques, and then practice in making pottery.

Instructor: Lin Hausknecht

Fee (8 wks): **R** \$105 **N** \$108

Note: Additional \$10 supplies fee payable to instructor on the first day of class

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Th	September 14	6-9 pm
Th	February 1	6-9 pm

RUBBER STAMPED GREETING CARDS

Learn about rubber stamps, papers, inks and embossing to create cards that are a work of art.

Fee: **R** \$20 **N** \$23

Instructor: Patty Travers

<u>Day</u>	<u>One Day Workshop</u>	<u>Time</u>
Th	October 19	7-8:30 pm
Tu	February 27	7-8:30 pm

SCRAPBOOKING

Learn about cropping photos, journaling stories, proper storage and materials for preserving family stories. Bring 2 photos no larger than 4" x 6".

Instructor: Vanette Trumm

Fee: **R** \$12 **N** \$15

<u>Day</u>	<u>One Day Workshop</u>	<u>Time</u>
M	October 2	7-9 pm
Th	October 12	10 am-Noon
M	February 5	7-9 pm
Th	February 15	10 am-Noon
M	April 23	7-9 pm
Th	April 26	10 am-Noon

SEWING CLASS (BEGINNING)

The instructor will introduce the sewing machine, show the straight and zigzag stitch, and sew a pattern. If time permits students may bring in clothes to embellish with buttons, ribbons, and/or appliqué (either by machine or hand).

STUDENT MUST PROVIDE SEWING MACHINE. A materials list will be provided upon registration.

Instructor: Rebecca Fitzgibbon

Fee (6wks): **R** \$63 **N** \$66

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	September 13	6-7:30 pm
W	October 25	6-7:30 pm
W	January 10	6-7:30 pm
W	February 28	6-7:30 pm
W	April 18	6-7:30 pm

WATERCOLORS

Beginners will learn the basics of painting in transparent watercolor. Advanced students will work on skills to develop their style as a watercolor artist. Both beginner and advanced students will learn design composition using a sketch book and value study. New students will be provided a material list at the first class. Advanced students bring supplies and photo ideas for painting.

Instructor: Liz Hackney

Fee (6 wks): **R** \$97 **N** \$100

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	September 13	7-9 pm
W	October 25	7-9 pm
W	January 10	7-9 pm
W	February 28	7-9 pm
W	April 18	7-9 pm

(540)662-4946

ADULT FITNESS & DANCE



FITNESS

CARDIO, STRENGTH & TONE

This hi-energy, low impact aerobic workout enhances cardiovascular fitness with resistance to improve muscle tone and function. Please bring a mat/towel and hand weights to class.

Location: War Memorial Building

Instructor: Adele McGeachy

Fee (6 wks): **R** \$28 **N** \$31

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M&W	September 11	5:30-6:30 pm
M&W	October 23	5:30-6:30 pm
M&W	January 8	5:30-6:30 pm
M&W	February 26	5:30-6:30 pm
M&W	April 16	5:30-6:30 pm

FELDENKRAIS METHOD GROUP MOVEMENT

Learn new ways to move that will ease your pain. Movement explorations to help you learn to recognize your physical habits and introduce more efficient, healthy patterns.

Location: War Memorial Building

Instructor: Jane Johnston

Fee (8 wks): **R** \$66 **N** \$69

Fee (6 wks): **R** \$50 **N** \$53

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 11	4:30-5:30 pm
M	November 6	4:30-5:30 pm
M	January 8	4:30-5:30 pm
M	March 12	4:30-5:30 pm

GENTLE YOGA

Stretch and strengthen, relax and rejuvenate the body. Find the body, mind, spirit connection. Wear comfortable clothing, bring a mat and a blanket.

Location: War Memorial Building

Instructor: Deepti Sharma

Fee (6 wks) 1x/wk: **R** \$43 **N** \$46

Fee (6 wks) 2x/wk: **R** \$58 **N** \$61

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Tu	September 12	9-10 am
Th	September 14	9-10 am
Tu	October 24	9-10 am
Th	October 26	9-10 am
Tu	January 9	9-10 am
Th	January 11	9-10 am
Tu	February 27	9-10 am
Th	March 1	9-10 am
(No class 3/20 & 3/22)		
Tu	April 24	9-10 am
Th	April 26	9-10 am

PIYO

Combination of Pilates and Yoga with an emphasis on flexibility, balance, and breathing. For any fitness level.

Location: War Memorial Building

Instructor: Angie Mason

Fee (6 wks): **R** \$57 **N** \$60

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
Th	September 14	7-8 pm
Th	October 26	7-8 pm
Th	January 11	7-8 pm
Th	March 1	7-8 pm
Th	April 19	7-8 pm

YOGA

This class focuses on breathing, yoga postures and relaxation and is geared toward all ages and levels of ability. Loose clothing and mat recommended.

Location: War Memorial Building

Instructor: Jane Johnston

Fee (8 wks): **R** \$66 **N** \$69

Fee (6 wks): **R** \$50 **N** \$53

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 11	5:30-6:30 pm
M	November 6	5:30-6:30 pm
M	January 8	5:30-6:30 pm
M	March 12	5:30-6:30 pm

DANCE

JAZZ/HIP HOP DANCE

Mix of Jazz dance with combinations of Hip Hop. These dance routines are great for exercise, coordination, balance and flexibility. Each class begins with a warm-up and stretching.

Location: War Memorial Building

Instructor: Barrett Vail

Fee (6 wks): **R** \$43 **N** \$46

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	September 13	8-9 pm
W	February 28	8-9 pm

SCOTTISH COUNTRY DANCING (BEGINNER)

Learn the dashing White Sergeant, Gay Gordons, eightsome Reel, and more. Individuals and couples welcome. Bring comfy shoes.

Location: War Memorial Building

Instructor: Claire Prosser

Fee (6 wks): **R** \$50 **N** \$53

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	October 25	7-8 pm
W	January 17	7-8 pm
W	April 4	7-8 pm

SCOTTISH COUNTRY DANCING (ADVANCED)

Celebrate your Scottish heritage and learn more dances such as the Duke of Perth and Hamilton House. Bring comfy shoes.

Location: War Memorial Building

Instructor: Claire Prosser

Fee (6 wks): **R** \$50 **N** \$53

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	October 25	8:10-9:10 pm
W	January 17	8:10-9:10 pm
W	April 4	8:10-9:10 pm

SOCIAL DANCING 101 (BEGINNER)

Bring shoes easy to dance in and a notebook to make dance notes.

Location: War Memorial Building

Instructor: Lee Santos

Fee (6 wks): **R** \$140 per couple
N \$143 per couple

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 11-Swing	8-8:55 pm
M	Oct. 23-Fox Trot/Swing	8-8:55 pm
M	January 8-Salsa/Rumba	8-8:55 pm
(No Class January 22)		
M	February 26-Waltz	8-8:55 pm
M	April 9-Swing/Waltz	8-8:55 pm

SOCIAL DANCING 102 (INTERMEDIATE)

Bring shoes easy to dance in and a notebook to make notes.

Location: War Memorial Building

Instructor: Lee Santos

Fee (6 wks): **R** \$140 per couple
N \$143 per couple

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
M	September 11-Fox Trot	7-7:55 pm
M	October 23-Swing	7-7:55 pm
M	January 8-Rumba	7-7:55 pm
(No Class January 22)		
M	February 26-Cha Cha	7-7:55 pm
M	April 9-Waltz	7-7:55 pm

TAP DANCE

Learn basic steps, tap combinations, and routines through exercise, rhythm and fun.

Location: War Memorial Building

Instructor: Barrett Vail

Fee (6 wks): **R** \$43 **N** \$46

<u>Day</u>	<u>Session Begins</u>	<u>Time</u>
W	September 13	6:45-7:45 pm
W	February 28	6:45-7:45 pm



SENIOR ACTIVITIES

(540)662-4946

AARP DRIVER SAFETY PROGRAM

This is an eight hour classroom refresher course designed for those 50 and over.

Location: War Memorial Building

Fee: \$10 (*Make check payable to AARP and mail to WPRD, 1001 East Cork Street, Winchester, VA 22601*)

Register: Please call to register.

<u>Days</u>	<u>Session</u>	<u>Time</u>
W&F	September 13 & 15	10 am-3 pm
F	October 20	8 am-5 pm
W&F	November 15 & 17	10 am-3 pm
F	January 19	9 am-5 pm
F	February 16	9 am-5 pm
W&F	March 14 & 16	10 am-3 pm
F	April 20	8 am-5 pm

OVER FIFTY STRETCH-A-CISE

Class is designed to improve flexibility and ease of movement, toning, and stretching out muscles. The exercises are simple and coordinated with deep breathing techniques to increase your energy and to leave you feeling great. Please bring a mat.

Location: War Memorial Building

Instructor: Nancy Levi

Fee (6 wks): **R** \$27 **N** \$30

Register: Please call to register.

<u>Days</u>	<u>Session Begins</u>	<u>Time</u>
Tu&Th	September 12	9:30-10:45 am
Tu&Th	October 24	9:30-10:45 am
Tu&Th	January 9	9:30-10:45 am
Tu&Th	February 27	9:30-10:45 am
Tu&Th	April 17	9:30-10:45 am

POTOMAC EAGLE TRAIN EXCURSION



Take a scenic ride on the Potomac Eagle train. Please bring a lunch.

Depart from: War Memorial Building

Fee: \$35 (adults and children 6 & over)
\$10 (children under 6)

Register by: Monday, October 2

<u>Day</u>	<u>Date</u>	<u>Time</u>
W	October 11	9:30 am-4:30 pm

SENIOR'S FALL PROM

- Dancing, twist contest, & couples dance contest
- Refreshments & door prizes
- Prize for best dressed

Friday, September 29

1:00-4:00 p.m.

FREE

**Seniors 55 & up
War Memorial Building**

FRONTIER CULTURE MUSEUM HOLIDAY TOUR

Join us for a fun day visiting German, English, Irish, and American farm sites. Interpreters are available at all sites. We will stop for lunch (on your own) after the tour.

Depart from: War Memorial Building

Fee: \$25

Register by: Monday, November 27

<u>Day</u>	<u>Date</u>	<u>Time</u>
Tu	December 12	8 am-3 pm

Senior Citizen's Day



**Games
Entertainment
Door Prizes**

**Thursday, April 5
10:30 am -4:00 pm**

FREE

**55 years & up
War Memorial
Building**

SENIOR'S HOLIDAY CELEBRATION

- Visit from Santa
- Refreshments
- Door prizes

**Friday
December 15
1:00-4:00 p.m.**

FREE

**55 years & up
War Memorial
Building**

(540)667-2699

RECREATION COMPLEX



RECREATION COMPLEX SCHEDULE

M-F	6:30 am-9 pm
Sa	11 am-6 pm
Su	Noon-6 pm

INDOOR POOL

Note: Children 10 and under must be accompanied by an adult (18 years or older) at all times in the water. Shoes are not allowed on the pool deck. Groups of 10 or more must preschedule a pool party in advance.

Schedule

Lap Swim	MWF	6:30-9 am
(18 yrs & up)		5:30-6:30 pm
General Swim*	M-F	Noon-2 pm
	TuTh	5:30-7 pm
	Sa	11 am-5:30 pm
	Su	1-5:30 pm
Therapeutic		
(June-September)	TuTh	2-3 pm
(September-June)	TuTh	11 am- Noon
Senior	TuTh	2-3 pm

*Lap space available but not guaranteed during this time for adults 18 years and up.

Daily Fees

	R	N
Children (under 6)	\$2.00	\$2.50
Student (6 & up)	\$2.50	\$3.00
Adult	\$3.00	\$3.50
Senior (55 & up)	\$2.00	\$2.50

10 Punch Passes

Punch passes are good for one year.

	R	N
Children (under 6)	\$18	\$22
Student (6 & up)	\$22	\$27
Adult	\$27	\$31
Senior (55 & up)	\$18	\$22

20 Punch Passes

Punch passes are good for one year.

	R	N
Children (under 6)	\$36	\$44
Student (6 & up)	\$44	\$51
Adult	\$54	\$62
Senior (55 & up)	\$36	\$44

Monthly Passes

	R	N
Student	\$30	\$36
Adult	\$36	\$42
Senior	\$24	\$30

FITNESS ROOM

The fitness room is open to those 14 years of age and older. No spectators in the weight room area are allowed. Proper attire must be worn at all times. These policies are strictly enforced.

Daily Fees

	R	N
Student (ages 14-17)	\$2.00	\$2.50
Adult (ages 18-54)	\$2.50	\$3.00
Senior (ages 55 & up)	\$2.00	\$2.50

Punch Passes

Punch passes are good for one year.

	<u>10 Punch</u>	<u>20 Punch</u>
Student	\$18.00	\$36.00
Adult	\$22.50	\$45.00
Senior	\$18.00	\$36.00

Punch Passes

	<u>10 Punch</u>	<u>20 Punch</u>
Student	\$22.50	\$45.00
Adult	\$27.00	\$54.00
Senior	\$22.50	\$45.00

Monthly Passes

	R	N
Student	\$24	\$30
Adult	\$36	\$42
Senior	\$24	\$30

COMBINATION PASS

Fitness Room & Indoor Pool

Passes begin on the 1st of every month and expire on the last day of the month.

	R	N
Student	\$45	\$54
Adult	\$54	\$63
Senior	\$36	\$45

Rent the Indoor Pool for a Party!

Saturday Nights Only
7-9 p.m.

R \$180 **N** \$200



RACQUETBALL COURT

Hourly Fees

	R	N
Student	\$7.00	\$7.50
Adult	\$7.50	\$8.00
Senior	\$6.50	\$7.00

Prime Time Hourly Fee (4-8 p.m.)

	R	N
All ages	\$8.00	\$9.00

Punch Pass (10)

Punch passes are good for one year.

	R	N
Student	\$63.00	\$67.50
Adult	\$67.50	\$72.00
Senior	\$58.50	\$63.00

Equipment Rental (per person/hour)

	R	N
	\$1.00	\$2.00

Note: Proper eyewear must be worn in the racquetball court at all times.

WALLYBALL COURT

Hourly Fees (per person per hour)

	R	N
	\$1.00	\$2.00

Note: Court reservations may be made up to 3 days in advance by contacting the Recreation Complex at 667-2699 or in person.

MASTERS SWIMMING

For ages 18 & up

An organized program of swimming for adults.

Members participate in a variety of ways ranging from lap swimming to international competition.

For more information, please contact Eileen at
mespan@adelphia.net



SWIMMING CLASSES (all ages)

(540) 667-2699

Note: All swimming classes are held at the indoor pool unless stated otherwise.

Waterbabies

For parent and child to learn basic swimming techniques.

Ages: 6 months-3 years

Fee (5 wks): **R** \$58 **N** \$64.50

Time: 9:00-9:30 am

<u>Day</u>	<u>Session</u>
MWF	Sept. 18-Oct. 20

City Registration: September 11, 5-7 pm

Open Registration: September 12, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Feb. 26-Mar. 30

City Registration: February 19, 5-7 pm

Open Registration: February 20, 5-7 pm

Tiny Tots

Teaches different aquatic skills ranging from water introduction to perfection of strokes.

Ages: 3-6 years

Fee (5 wks): **R** \$58 **N** \$64.50

Times: 9:30 am, 10 am, 3:30 pm, 4 pm, 4:30 pm

<u>Day</u>	<u>Session</u>
MWF	Sept. 18-Oct. 20

City Registration: September 11, 5-7 pm

Open Registration: September 12, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Oct. 30-Dec. 8

City Registration: October 23, 5-7 pm

Open Registration: October 24, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Jan. 15-Feb. 8

City Registration: January 8, 5-7 pm

Open Registration: January 9, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Feb. 26-Mar. 30

City Registration: February 19, 5-7 pm

Open Registration: February 20, 5-7 pm

Children & Teens

Teaches various aquatic skills ranging from water introduction to stroke refinement.

Ages: 7-16 years

Fee (5 wks): **R** \$58 **N** \$64.50

Times: 5 pm

<u>Day</u>	<u>Session</u>
MWF	Sept. 18-Oct. 20

City Registration: September 11, 5-7 pm

Open Registration: September 12, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Oct. 30-Dec. 8

City Registration: October 23, 5-7 pm

Open Registration: October 24, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Jan. 15-Feb. 8

City Registration: January 8, 5-7 pm

Open Registration: January 9, 5-7 pm

<u>Day</u>	<u>Session</u>
MWF	Feb. 26-Mar. 30

City Registration: February 19, 5-7 pm

Open Registration: February 20, 5-7 pm

SPLASH

Can't fit year-round swimming into your schedule? This course is designed to bridge the gap between instructional and competitive swimming. Class highlights stroke refinement, competitive starts and turns, and interval training.

Ages: 7-16 years

Fee (5 wks): **R** \$54 **N** \$60

Time: 7-8 pm

<u>Day</u>	<u>Session</u>
TuTh	Sept. 19-Oct. 19

Open Registration: September 11-15

<u>Day</u>	<u>Session</u>
TuTh	Oct. 31-Dec. 7

(No classes the week of Nov. 20-24)

Open Registration: October 23-27

<u>Day</u>	<u>Session</u>
TuTh	Jan. 16-Feb. 7

Open Registration: January 8-12

<u>Day</u>	<u>Session</u>
TuTh	Feb. 27-Mar. 29

Open Registration: February 19-23

Adult Swim Lessons

Ages: 15 years and up

Fee (5 wks): **R** \$58 **N** \$64.50

Time: 10:30 am (MWF)

Fee (5 wks): **R** \$39 **N** \$43

Time: 8 pm (TuTh)

<u>Day</u>	<u>Session</u>
MWF	Sept. 18-Oct. 20 (AM)
TuTh	Sept. 19-Oct. 19 (PM)

Open Registration: September 11-15

<u>Day</u>	<u>Session</u>
MWF	Oct. 30-Dec. 8 (AM)

(No classes week of November 20-24)

Open Registration: October 23-27

<u>Day</u>	<u>Session</u>
MWF	Jan. 15-Feb. 8 (AM)

Open Registration: January 8-12

<u>Day</u>	<u>Session</u>
MWF	Feb. 26-Mar. 30 (AM)

<u>Day</u>	<u>Session</u>
TuTh	Feb. 27-Mar. 29 (PM)

Open Registration: February 19-23

Water Aerobics

Ages: 15 years and up

Fee (5 wks) MWF: **R** \$58 **N** \$64.50

TuTh: **R** \$40 **N** \$45

Fee (4 wks) MWF: **R** \$47 **N** \$52

TuTh: **R** \$32 **N** \$36

Classes can be attended on a drop in basis for **R** \$5.50 **N** \$6.00 per class.

Time: 11:10-11:55 am (MWF)

7-8 pm (TuTh)

<u>Day</u>	<u>Session</u>
MWF (5 wks)	Sept. 18-Oct. 20 (AM)
TuTh	Sept. 19-Oct. 19 (PM)

Open Registration: September 11-15

<u>Day</u>	<u>Session</u>
MWF (4 wks)	Oct. 23-Nov. 17 (AM)

<u>Day</u>	<u>Session</u>
TuTh	Oct. 24-Nov. 16 (PM)

Open Registration: October 16-20

<u>Day</u>	<u>Session</u>
MWF (4 wks)	Nov. 27-Dec. 22 (AM)

<u>Day</u>	<u>Session</u>
TuTh	Nov. 28-Dec. 21 (PM)

Open Registration: November 13-17

<u>Day</u>	<u>Session</u>
MWF (5 wks)	Jan. 8-Feb. 9 (AM)

<u>Day</u>	<u>Session</u>
TuTh	Jan. 9-Feb. 8 (PM)

Open Registration: January 2-5

<u>Day</u>	<u>Session</u>
MWF (5 wks)	Feb. 12-Mar. 16 (AM)

<u>Day</u>	<u>Session</u>
TuTh	Feb. 13-Mar. 5 (PM)

Open Registration: February 5-9

Lifeguard Training

Ages: 15 years and up

Requirement: Must pass pre-requisite swim test to participate.

Fee (2 separate payments):

1) WPRD **R** \$150 **N** \$175

2) American Red Cross **R** \$75 **N** \$75

Registration: Starts February 19

<u>Day</u>	<u>Session</u>	<u>Time</u>
TuTh	Feb. 27-Mar. 22	6-10 pm

Water Safety Instructor

Requirement: Must pass pre-requisite swim test to participate.

Fee (2 separate payments):

1) WPRD **R** \$125 **N** \$150

2) American Red Cross **R** \$100 **N** \$100

Registration: Starts September 11

<u>Day</u>	<u>Session</u>	<u>Time</u>
TuTh	Oct. 3-26	6-10 pm

(FIT Class: September 30, 8 a.m.-2 p.m.)

Discover Scuba

In this PADI open water diver course you will learn the skills needed to be a safe recreational diver. Included in this course are 5 classroom sessions, 5 pool sessions and 4 open water training dives.

Fee: \$375 (includes all certification fees)

Contact: Joe Dubose at 888-4455

Winchester SWIM TEAM

Winchester Swim Team offers competitive swimmers the area's first USA Swimming sanctioned swim team. The Gators year-round USA Swim Team offers ongoing training and competition at the local, state and national levels.

Contact: Laurie Carver

662-1939

lacarver@worldnet.att.net

SIGN ME UP!

Please indicate which athletic programs, classes or workshops for which you'd like to register.

NOTE: Registrations for aquatic and children's programs must be made in-person.

**Resident fee only applicable to residential homes with a zip code of 22601.
All other zip codes are considered non-resident. Verification of address may be requested.**

PLEASE PRINT

Adult's Name: _____ What school does your child attend? _____

Home Phone: _____ Emergency/Cell Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Are you or someone in your family interested in coaching youth sports? ☐ Yes ☐ No

PARTICIPANT'S NAME	
BIRTH DATE	
AGE	
COURSE NAME	
SHIRT SIZE*	
COURSE DATES	
DAY	
TIME	
PLACE	
FEE	

PARTICIPANT'S NAME	
BIRTH DATE	
AGE	
COURSE NAME	
SHIRT SIZE*	
COURSE DATES	
DAY	
TIME	
PLACE	
FEE	

TOTAL REGISTRATION FEE: \$ _____

*Please indicate adult or youth S/M/L/XL.
(T-shirts not guaranteed for every program)

WAIVER FOR PARTICIPANT: I do hereby agree to allow the individual(s) named herein to participate in the aforementioned activities, and I further agree that the Winchester Parks & Recreation Department, program staff, and volunteers assume no responsibility for injuries while traveling to and from the place of play or while participating in an activity. I also (check one) ___ give or ___ do not give permission to the Winchester Parks & Recreation Department to take my child's photo for use only in park-related promotional material.

Participant's Signature (Parent/Guardian Signature if participant is under age 18)

Date

**Mail completed form
and payment to:**



Attn: Program Registration
1001 East Cork Street
Winchester, VA 22601

MAKING REGISTRATION FEE PAYMENTS - Payment is due prior to starting dates for all classes.

PHONE REGISTRATIONS - Call 662-4946. No phone registrations will be taken for: swim classes, summer camps, or Embrace The Children. Please contact the department for a registration form.

REFUNDS - A non-refundable administration fee up to \$10 will be retained from any refund prior to the first class, after the first class is held, no refund will be made unless for a medical reason.

CANCELLATIONS - In the event of inclement weather, closings and cancellations will be announced via local radio stations, website and the cancellation hotline (662-4946, ext. 33). Programs will be cancelled if minimum registration is not met.

SPECIAL ACCOMMODATIONS - If you require the services of a reader, interpreter, or other accommodation, please call 662-4946 in advance so the arrangements can be made.

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Home Phone: _____ Emergency/Cell Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Are you or someone in your family interested in coaching youth sports? ☐ Yes ☐ No

PARTICIPANT'S NAME	
BIRTH DATE	
AGE	
COURSE NAME	
SHIRT SIZE*	
COURSE DATES	
DAY	
TIME	
PLACE	
FEE	

PARTICIPANT'S NAME	
BIRTH DATE	
AGE	
COURSE NAME	
SHIRT SIZE*	
COURSE DATES	
DAY	
TIME	
PLACE	
FEE	

TOTAL REGISTRATION FEE: \$ _____

*Please indicate adult or youth S/M/L/XL.
(T-shirts not guaranteed for every program)

WAIVER FOR PARTICIPANT: I do hereby agree to allow the individual(s) named herein to participate in the aforementioned activities, and I further agree that the Winchester Parks & Recreation Department, program staff, and volunteers assume no responsibility for injuries while traveling to and from the place of play or while participating in an activity. I also (check one) ___ give or ___ do not give permission to the Winchester Parks & Recreation Department to take my child's photo for use only in park-related promotional material.

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NEIGHBORHOOD PARKS

Neighborhood Park Location	Ball Field	Basketball	Horseshoe	Open Area	Playground	Shelter	Soccer	Swings	Trail	Volleyball
Abram's Creek Wetlands Preserve <i>Off Jubal Early Drive</i>				•					•	
Elk Street <i>Corner of Elk and Chase Streets</i>					•	•				
Frederick Douglas <i>Behind the Douglas Community Learning Center on North Kent Street</i>	•	•			•	•				
Friendship <i>On Bruce Street between Battle Avenue and Kerr Street</i>		•				•	•			
Harvest Ridge <i>On Crestview Terrace</i>				•			•			
North-East-South-West <i>Between North, East, South and West Streets</i>				•	•			•		
Overlook <i>Off Montague Circle</i>				•		•				
Park Place <i>On Harvest Drive</i>				•	•		•		•	
Rolling Hills <i>On Valley Avenue in the Rolling Hills subdivision</i>				•						
Shawnee Springs <i>(10 Acres of Wetlands) West of Hollingsworth Drive</i>				•					•	
Tevis Street <i>On Tevis Street adjacent to Frederick Douglass Elementary School</i>				•						
Timbrook <i>On the corner of East Lane and Piccadilly Street</i>		•			•	•		•		•
Weaver <i>Southern end of the City, off Papermill Road</i>		•			•	•	•	•		
Whittier <i>On Whittier Avenue</i>		•			•	•	•	•		

Jim Barnett Park

Located on Cork Street, Jim Barnett Park is a 170-acre park with an array of recreational amenities including:

- baseball and softball fields
- a one-mile walking trail
- indoor and outdoor pools
- meeting rooms
- weight room
- racquetball court
- several playgrounds
- shelters
- horseshoe courts
- BMX track
- radio-control car track
- basketball courts
- tennis courts
- Wilkins Lake

ADVERTISING OPPORTUNITY

In the 2007 Spring & Summer Activities Guide, space will be available (color or black & white) for your advertisement!

For additional information, please contact Stephanie Frazier at (540)667-2699.

THEME PARK DISCOUNT TICKETS

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